



CLASSIC MOVIES
MONDAYS - 9 a.m.

Sept 14 King Kong (1933)
 Sept 21 The Scarlet Pimpernel
 Sept 28 Grumpy Old Men

ACTIVITIES

SEPTEMBER BIRTHDAYS
 11:00 a.m., Friday, September 4

MCOA BOARD MEETING
 9:30 a.m., Monday, September 14

FRESH COBBLER
 11:45 a.m., Wednesday, September 16

SINGO W/ JEFF FROM ARCHWELL
 12:15 p.m., Friday, September 18

BALANCING & STRETCHING
W/ CLEVELAND COUNTY HEALTH DEPARTMENT
 1:30 p.m., Tuesday, September 22 & 29



SPEAKERS & MUSIC

SPEAKER: LIZ BAKER
W/ MERCY HOSPICE
 11:00 a.m., Thurs, September 3

SPEAKER: JEFF W/ ARCHWELL
HEALTH
 11:00 a.m., Thurs, September 10

SPEAKER: JEREMIAH FOWLER
W/ DIGNITY MEMORIAL
 11:00 a.m., Thurs, September 17

SPEAKER: POSSIBLE
 11:00 a.m., Thurs, September 24



WEEKLY ACTIVITIES

BINGO • EXERCISE • TABLE GAMES

AFTERNOON MOVIEWednesdays - 1 p.m.
ARM CHAIR TRAVELWednesdays - 9 a.m.
BINGOSeptember 4, 11, & 21 -12:15 p.m.
BOARD GAMESWednesdays - 12:30 p.m.
CORNHOLEThursdays - 12:30 p.m.
EXERCISEMon/Wed/Fri - 10:15 a.m.
LIBRARYTuesday, September 8 & 22 - 10:00 a.m.
OPEN ART STUDIOTues - 8:30a.m. Fri - 9:00 a.m.
STRETCH, STRENGTHEN & HEALTHTuesdays - 9:30 a.m.
TABLE TENNIS.....Fridays - 2 p.m.
TAI CHI.....Thursdays - 10:00 a.m.
WII SPORTS.....Tuesdays - 10 a.m.
WOODCARVINGWed & Thurs - 9 a.m.

SIGN UP IN OFFICE

501 East Main St. | 405-799-3130