

SEPTEMBER 2025



CLASSIC MOVIES MONDAYS - 9 a.m.

Sept 8 The Sting
Sept 15 Wait Until Dark
Sept 22 Chisum
Sept 29 The Birds

ACTIVITIES

SEPTEMBER BIRTHDAYS

11:00 a.m., Friday, September 5

FRESH COBBLER

11:45 a.m., Wednesday, September 17

MCOA BOARD MEETING

9:45 a.m., Monday, September 29



SPEAKERS & MUSIC

SPEAKER: JENNIFER HARGIS W/ HUMANA

11:00 a.m., Thurs, September 4

SPEAKER: LAURA CLAY W/ SIGNATURE HOSPICE

11:00 a.m., Thurs, September 11

SPEAKER: DEACON W/ VIP

CARE

11:00 a.m., Thurs, September 18

SPEAKER: HUNTER

STRINGFELLOW W/ EDWARD

JONES

11:00 a.m., Thurs, September 25



WEEKLY ACTIVITIES

OUILTING • POOL • TABLE GAMES

AFTERNOON MOVIE	Wednesdays - 1 p.m.
ARM CHAIR TRAVEL	Wednesdays - 9 a.m.
BINGO	September 5, 12, 15 & 25 -12:15 p.m.
BOARD GAMES	Wednesdays - 12:30 p.m.
CORNHOLE	Thursdays - 12:30 p.m.
EXERCISE	Mon/Wed/Fri - 10:15 a.m.
LIBRARYT	uesday, September 9 & 23 - 10:00 a.m.
OPEN ART STUDIO	Tues - 8:30a.m. Fri - 9:00 a.m.
STRETCH, STRENGTHEN & HEALTHTuesdays - 9:30 a.m.	
TABLE TENNIS	Fridays - 2 p.m.
WII SPORTS	Tuesdays - 10 a.m.
WOODCARVING	Wed & Thurs - 9 a.m.



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